

**12-Hour Urine Collection Procedure**

The accuracy of this test depends upon the accuracy with which the specimen is collected.

1. When starting the 12-hour period, urinate and discard (throw-away) this specimen. **Note the time that this is done**.
2. From that time on, collect all urine by urinating into a clean container each time and transferring it into the large container. **Do not urinate directly into this container.**
3. Try to pass the last urine prior to the end of the 12-hour period. Add this urine to the container.
4. Bring to the laboratory as soon as possible.

**Keep refrigerated** throughout the entire collection period and until ready to return to the specimen to the laboratory.

**If not labeled before your collection**, please label container with patient’s full legal name,

patient’s height, patient’s weight, test(s) name, date and time of collection.

For requests of Supine and Upright Collections please add these steps:

1. Your physician may request collections be done while lying down (supine) or while upright.
2. Please note on the container if this 12-hour collection was made while lying down or upright.